

Agenda Item No: 8(a)

Report To: Ashford Health & Wellbeing Board

Date: 19th October 2016

Report Title: Children & Young People – Emotional Health & Well-being

Report Author: Helen Anderson

Organisation: Early Help & Preventative Services, KCC.



Summary:	An update on Early Help & Preventative Service and partnership working others to promote emotional health and well-being.
-----------------	---

Recommendations:	The Board be asked to:-
-------------------------	--------------------------------

	Support the plans for further alignment of services and partnership working in this area of work.
--	---

Purpose of the report

1. To focus on children and young people as part of the collective responsibility of services in Ashford.
2. To show the joint working that is happening in Ashford from Early Help and Preventative Service through to more specialist interventions.

Background

3. Looking at how we work across services that support families, children and young people in Ashford there are many examples of joint/partnership working already in place. The Early Help & Preventative Service has been in place over a year now and it was felt that an update for the AHWB would be helpful.
4. It is also helpful to use the AHWB as a place to look at the future direction of services which focus on promoting the emotional health and well-being of children and young people as the core purpose of this Board is to look for ways to improve the health of those living in Ashford.

Report specific section heading

5. Current –mapping the services and the approaches across commissioning organisations that are currently available to children, young people and their families in Ashford, with particular focus on support for mental health, substance misuse and domestic violence. Awareness of financial constraints and the need to focus on a preventative and potentially family wide approach.
6. Future – HeadStart programme for Kent, commissioning and procurement underway of new services and how to ensure a smooth transition, building on all the successful interventions, addressing gaps and making best use of

resources. Possibilities for joint bids, use of funding and sharing of resources being embedded within the culture of collaborative working, welcoming new and creative ways of working with children & young people.

Joint Health and Social Care Childrens & Adolescent Mental Health Service procurement under way. Model includes a single point of access to deliver a system wide approach to triage and multi disciplinary service support offer.

Conclusion

7. Given that we are at a time of service transformation and there are opportunities to further develop partnership working, the need to ensure all partners are involved in shaping the way that we work in Ashford to improve the emotional health and well-being of children & Young people.
8. This is a wide agenda with new research and feedback coming out all the time so it is vital for us to discuss and agree the most appropriate use of our combined efforts across agencies, making sure that we are well-informed by what children, young people and their families tell us makes the most difference to them.
9. Seeking endorsement and support from AHWB and feedback opportunities as this area of work evolves.

Contacts:

Email: Ashfordearlyhelp@kent.gov.uk
Tel: 03000 410305

Ashford Health & Well-being Board

17th October 2016

Update around Children's Services in Ashford

We are ambitious for our children, young people and young adults

Working collaboratively with our providers, voluntary sector organisations, education providers, we are determined to achieve the outcomes that children and families have asked us to achieve.

Education and Young People's Services

Early Help and Preventative Services

Strategy and Three Year Plan



kent.gov.uk



Four Workstrands

- **Whole system partnership approach across the range of EHPS**
- **Develop effective family focused practice approaches**
- **Support good health and emotional well-being**
- **Promote educational and vocational achievement**

Four Principles

- **Involve children, young people and families,**
- **Improve life chances, build family resilience and use the strengths of families**
- **Practice is informed by professional judgement and the working relationship with the child and family**
- **Work is outcome focused, informed by evidence, performance and evaluation**

Intervening as soon as possible in a timely and responsive way to ensure good outcomes

Intervening as soon as possible in a timely and responsive way to ensure good outcomes

The diagram illustrates the Early Help process flow. It shows the flow from 'Members of public' and 'Agency Partners' to 'Central Duty Teams', 'Early Help Coordinated Team', and 'Targeted Early Help'. A red arrow points from 'Central Duty Teams' to a box stating '450 families to 640 children that meet threshold for tier 2 needs but are not accessing Early help'. Other services shown include 'KCC Health Offering Services', 'KCC Children's Hub', 'KCC Specialist Families', and 'Stop down'.

Youth Hubs

Children's Centres

Youth Justice and PRU, Inclusion and Attendance



Integrated systems and structures

Performance and Quantitative Data

Audits and Qualitative Information

Staff competence and the employment deal

Partnership
and service
user feedback

Management Support & EH Toolkit

Step Down - EH, What we need to do

- Recurring invite in SCES TLA diary for every Monday 0900 - 1100

Send reminder to SCs that cases are due at 12:00

Receive case for meetings

Send to locality manager

Send agenda to SCs attendees

Locality manager to review cases

Locality manager to support to attend meeting

Meeting session to be held with Locality manager and SCs TLA

- Allocation to Unit and TLA
- Tracker update

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Business Support	Business Support	Locality manager	Locality manager	Locality manager + Bus Support	Business Support	Locality manager + Unit Leads

© 2016 NHS

Figure 4: Example of complex scenario

Core	Edge	External
Core 1	Edge 1	10.10.10.1
Core 2	Edge 2	10.10.10.2
Core 3	Edge 3	10.10.10.3
Core 4	Edge 4	10.10.10.4
Core 5	Edge 5	10.10.10.5

Trackers

S Specific
M Measurable
A Attainable
R Relevant
T Time Based

Workload of Practitioners

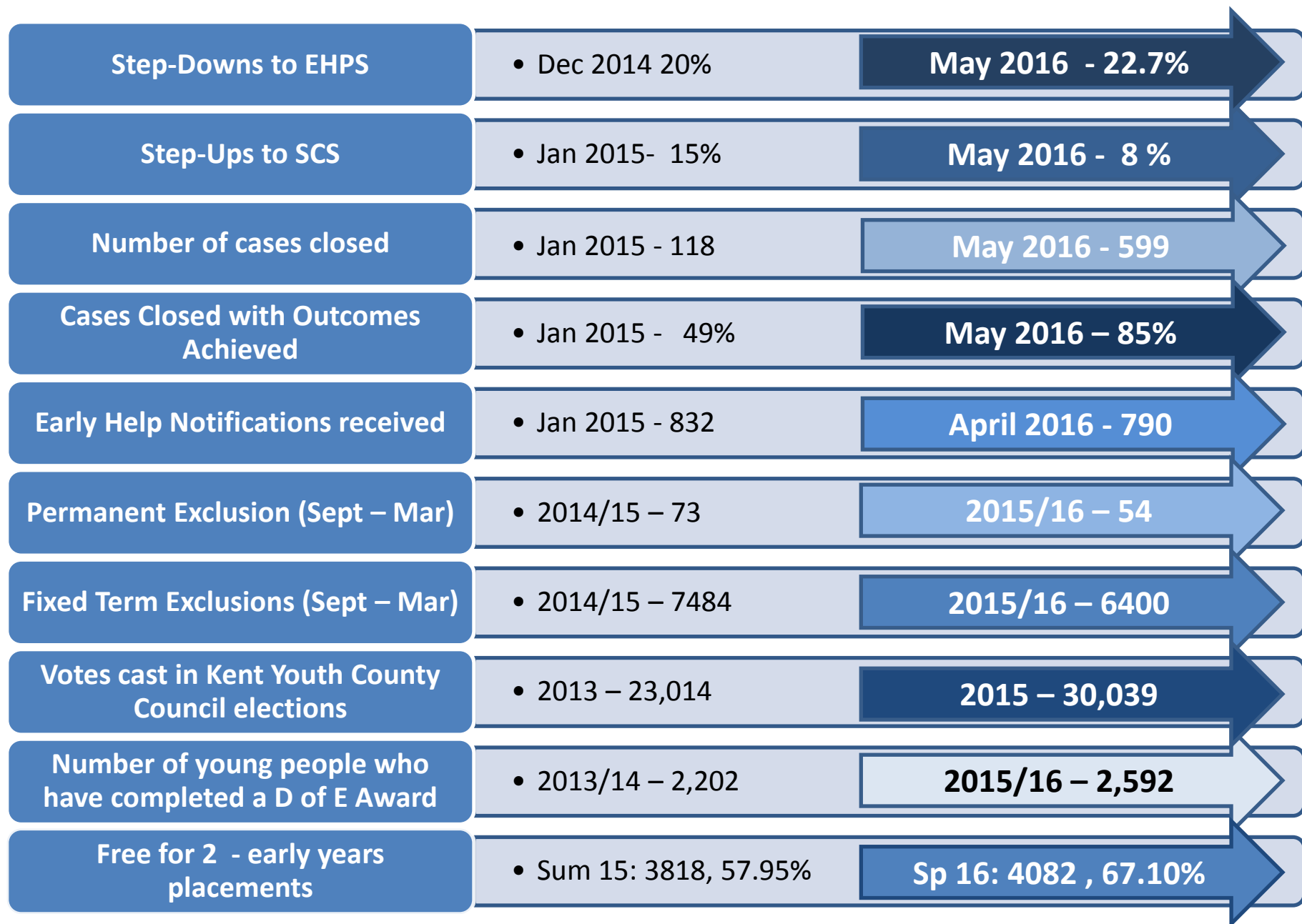
● Existing ● New ● Reallocated resources ● Additional new resources

Phase	Existing	New	Reallocated resources	Additional new resources
Phase 1	High	Medium	Low	Low
Phase 2	Medium	Medium	Low	Low
Phase 3	Low	Low	Low	Low
Phase 4	Medium	Medium	High	Low
Phase 5	High	Medium	Low	Low

© 2010 IBM Corporation. All rights reserved. IBM, the IBM logo, and the Rational logo are trademarks of International Business Machines Corporation in the United States, Canada, and other countries. Other names and logos may be trademarks of their respective owners.

Strengths based family practice





The Year of Open Access

**Formative experiences
shared with others**



Early Identification
of emerging
difficulties



Targeted work
in universal
setting



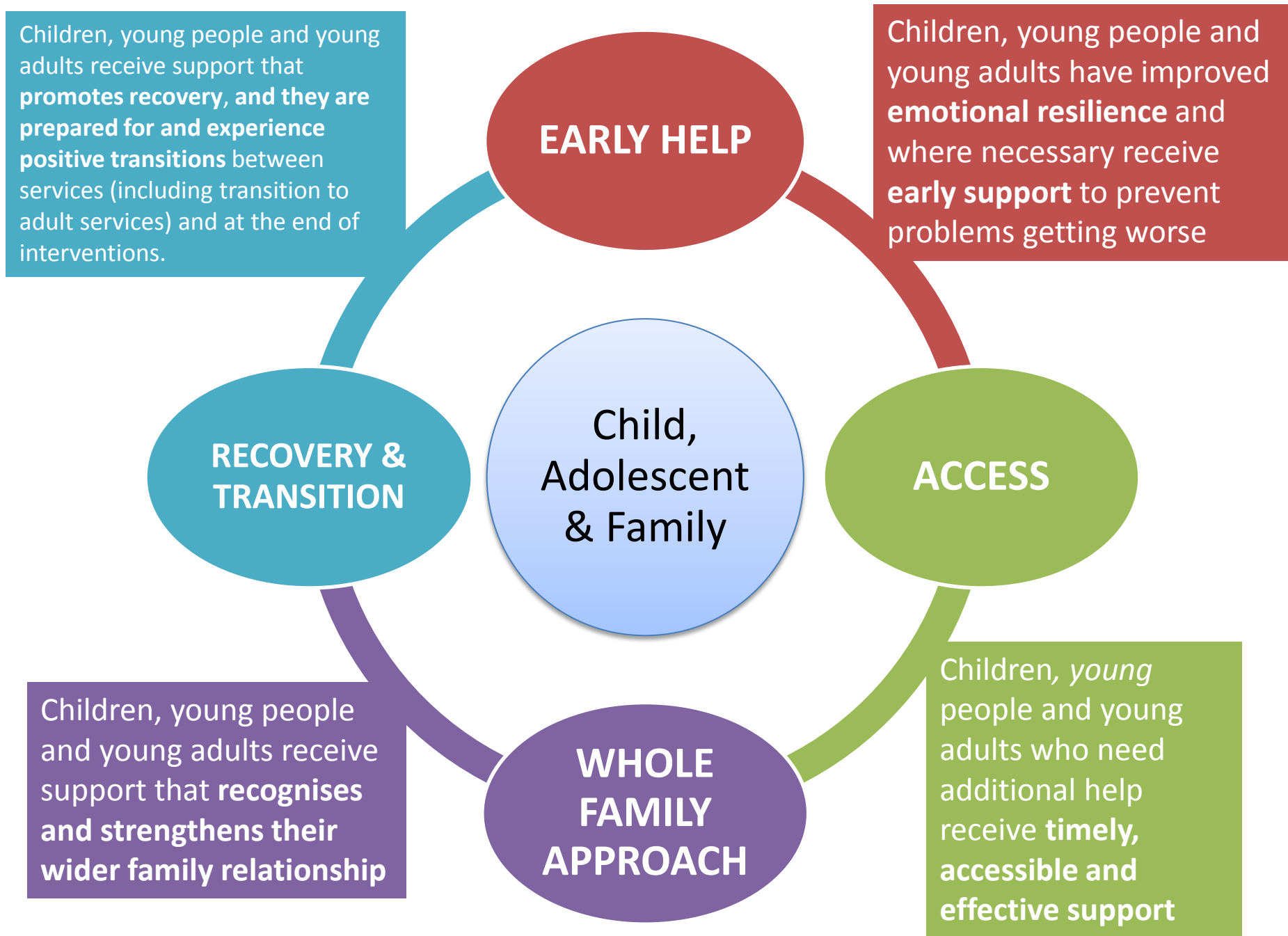
Learning
from each
other



Challenges
build
resilience



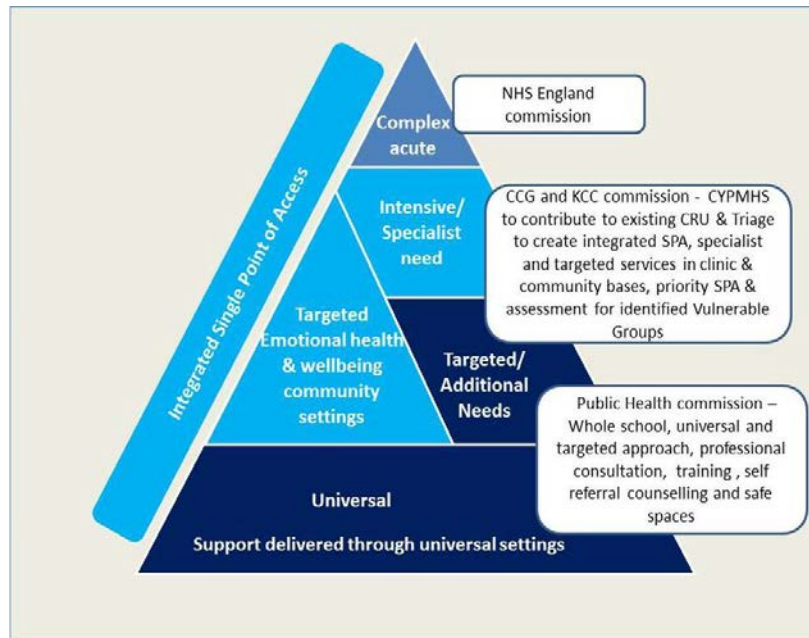
Building
relationships
and trust



We want to achieve it together and across the system

- Kent has developed strong partnership arrangements locally and cross-county, which will support long-term change
- The Whole System Model illustrates how schools, local communities and specialist services will **work in a more integrated way**, and how emotional wellbeing will be promoted and embedded in all aspects of the model which will include a multi-agency communications strategy

The Kent Emotional Health and Wellbeing model is currently progressing through procurement and will be in place for April 2017. The system has five key elements



- **Single Point of Access/Early Help Triage:** Will direct partners to the relevant part of these systems.
- **Specialist:** Assessment, diagnosis and treatment. Supporting children who need a Targeted or Specialist mental health service, including behaviour issues or where the impact of trauma, abuse, neglect or attachment needs that are severely impacting on their mental health.

–**Targeted:** Interventions for emotional wellbeing issues, or undiagnosed/unspecified mental health needs. *Aligned with the Early Help and Preventative Service with a clinically qualified Emotional Health and wellbeing worker based in every Early Help Unit*

–**Health Needs PRU:** clinical specialists working alongside the Health needs PRU to assist with re - integration to mainstream school where there has been a diagnosed mental health concern.

–**School Public Health Service:** Supports schools to promote good general health and emotional wellbeing

Emotional Health & Well-being Support

Preventative



Addressing



Responsive/Acute

Healthy Lifestyles;
6 Ways to Wellbeing
Change for Life
Children Centre's offer
Youth Provision
Active Learning
Extra Curricular Activities;
• At School
• Cubs/Scouts, etc
• Sport clubs

Support Networks;
Children Centres
Youth Provision
Health Visitors
Midwives
Schools
GP's
PASS
Mentoring

Family Work;
Mediation;
• Stepahead
• Ashford Mediation
• Family Group
Conference
Early Help Workers
Shaw Trust
Live Well
Stonham
Homestart
Family Intensive Programme

Parenting;
Solihull
Early bird
Early bird Plus
Cygnet
School run programmes
Story Sacks
Number Sacks
Book Start
Reconnect

Schools;
STLS
EHCP
IASK
FLO's
TA's
Learning Mentors
Muddy Wellies
LIFT
KHNES
Educational Psychologist
IMAGO- assembly work
Addaction Mind and Body
Barnados & Rising Sun;
Positive Relationships

Spectrum;
ASD Ashford
Kent Autistic Trust
National Autistic Society
Rainbow Centre

Counselling;
Faversham Counselling
Service
Rubicon Cares
Fegans
Young Healthy Minds
Harbour Project
Family Matters
METRO Chat
School bought in

A&E
Mental Health Crisis Line
Early Psychosis Team
CY IAPT
Eating Disorder Unit
PSICON
Paediatrician
Specialist Childrens Services
Inpatient Ward.
ChYPS;
ADHD Nurse
Family Therapy
1:1 work
Psychiatrist
Psychologist
Home Treatment Team

Multi-Agency Training;

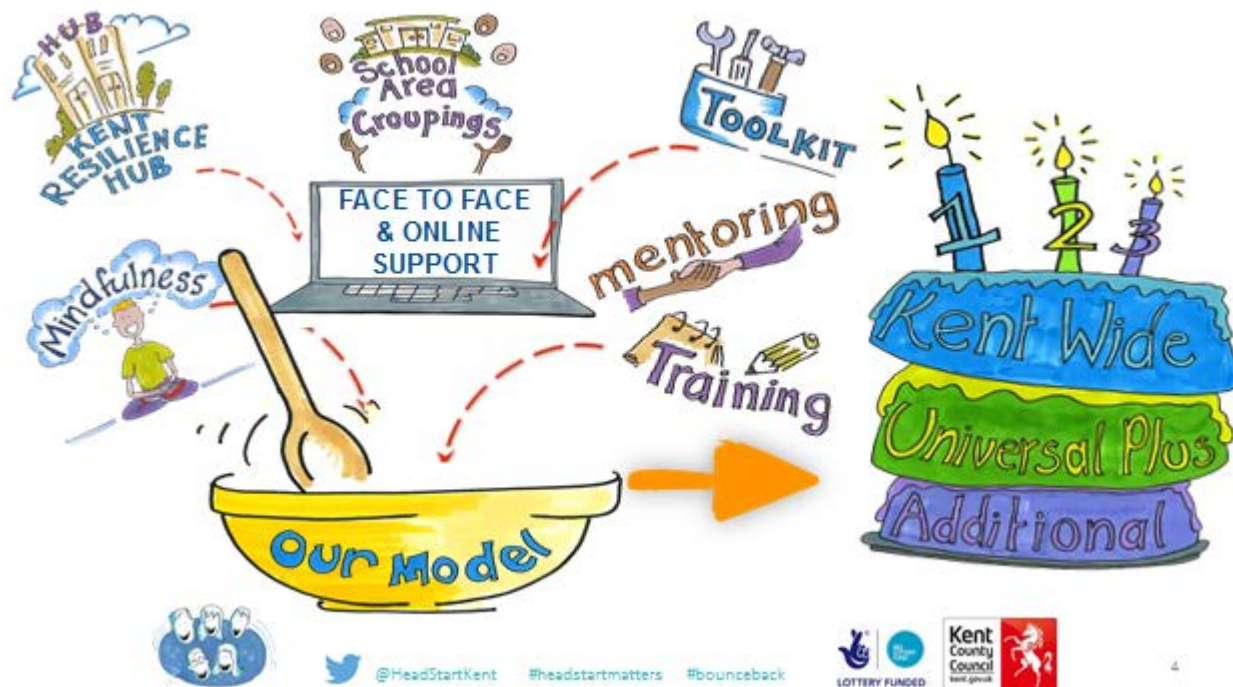
- Addaction
- ChYPS
- KAT, etc

Web based support;

- Winston Wishes
- Live It Well
- Understood, etc

Headstart Kent is a £10m investment by the Big Lottery over the next 5 years, starting in the Autumn Term of 2016.

- **Level 1 - All Kent schools and communities**
Resources will be accessed through the **Headstart resilience hub and training.**
- **Level 2 – Enhanced support** to 134 schools and communities in **Headstart Groupings** of schools

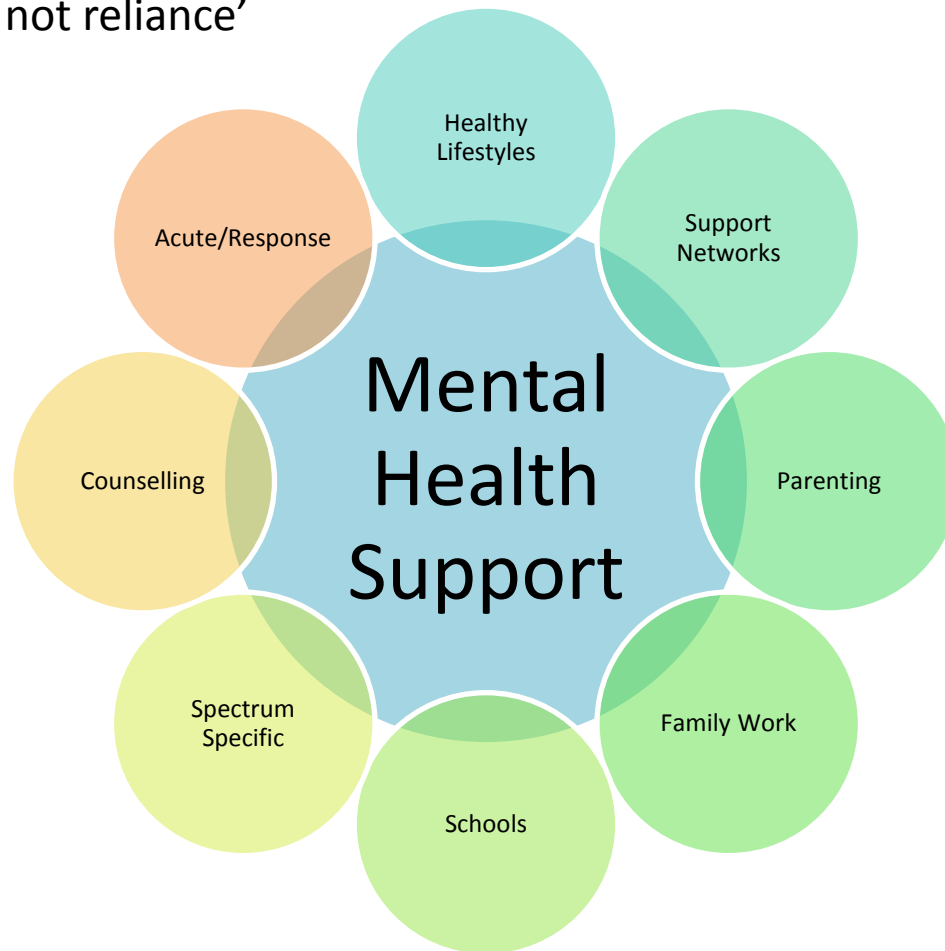


- **Level 3 – Targeted support** to young people focusing on the early identification of young people who, as a result of domestic abuse may benefit from additional early support to help build their resilience and emotional wellbeing to prevent future adverse outcomes.

The Future

‘Building resilience- not reliance’

‘Catch and Carry’



Contact Details

Early Help District Manager : Helen Anderson

Email : helen.anderson@kent.gov.uk

Telephone : 03000 410657

For any Ashford specific Early Help enquiries please email :

ashfordearlyhelp@kent.gov.uk

Telephone: 03000 410305